

# PSYCHOLOGY (PSY)

## PSY 100 Principles of Applied Psychology (3 CR.)

Introduces the general principles of psychology as they are applied to work, relationships, and growth. Includes perception, learning, development, motivation, emotion, therapy, communication, and attitudes. Lecture 3 hours per week.

Credit for Prior Learning available for this course. More information at <https://www.nvcc.edu/admissions/cpl.html>.

## PSY 200 Principles of Psychology (3 CR.)

Surveys the basic concepts of psychology. Covers the scientific study of behavior and mental processes, research methods, biological bases of behavior, sensation and perception, developmental psychology, learning, memory, thinking, intelligence, personality, social psychology, and psychological disorders and treatment. The assignments in the course require college-level reading fluency and coherent communication through written reports. Lecture 3 hours. Total 3 hours per week.

This is a Passport and UCGS transfer course.

Credit for Prior Learning available for this course. More information at <https://www.nvcc.edu/admissions/cpl.html>.

## PSY 205 Personal Conflict And Crisis Managem (3 CR.)

Studies the effective recognition and handling of personal and interpersonal conflicts. Discusses cooperative roles of public and private agencies, management of family disturbances, child abuse, rape, suicide, and related cases. Lecture 3 hours per week.

## PSY 210 Statistics for Behavioral Sciences (4 CR.)

Introduces the principles and processes of statistics for behavioral science research. Focuses on selection and application of appropriate statistical tests and accurate interpretation of behavioral science data. Utilizes statistical software for conducting statistical analysis. Lecture 4 hours week. Please note: Credit will be awarded for either PSY 210: Statistics for Behavioral Sciences or PSY 213: Statistics for Behavioral Sciences.

**Prerequisite(s)** PSY 200 and Corequisite: MTH 245 or equivalent

## PSY 211 Research Methodology/Behavioral Sci. (4 CR.)

Introduces the principles and processes of various research methods for applying the scientific method to understanding behavior. Includes preparation for and fundamental experience with designing, conducting, interpreting, and evaluating behavioral science research studies. Prepares students for creating APA-style research manuscripts to summarize research. Lecture 4 hours per week.

**Prerequisite(s)** PSY 200 and PSY 210 (currently PSY 213) or department approval

## PSY 215 Psychopathology (3 CR.)

Explores historical views and current perspectives of psychopathology. Emphasizes major diagnostic categories and criteria, individual and social factors of maladaptive behavior, and types of treatments. Includes methods of clinical assessment and research strategies.

**Prerequisite(s)** PSY 200 or permission of instructor

Credit for Prior Learning available for this course. More information at <https://www.nvcc.edu/admissions/cpl.html>.

## PSY 216 Social Psychology (3 CR.)

ENG 111 is suggested. Examines individuals in social contexts, their social roles, group processes and intergroup relations. Acquaints students with a scientific understanding of how the presence of other people, interactions with other people, and other situational factors influence human thoughts and behaviors. The assignments in the course require college-level reading, analysis of scholarly studies, and coherent communication through written reports (including the production of at least one APA-formatted individual writing assignment). Lecture 3 hours per week.

**Prerequisite(s)** PSY 200 or department consent

Credit for Prior Learning available for this course. More information at <https://www.nvcc.edu/admissions/cpl.html>.

## PSY 219 Cross-Cultural Psychology (3 CR.)

Investigates psychological principles from a cross-cultural perspective. Examines cultural basics for views of reality. Describes topics such as time, space, values, sex roles, and human development in relation to culture. Lecture 3 hours per week.

**Prerequisite(s)** English 111 is suggested

## PSY 225 Theories of Personality (3 CR.)

PSY 225 and HMS 265 cannot both be taken for credit toward graduation. Studies the major personality theories and their applications. Includes psychodynamic, behavioral, cognitive, and humanistic perspectives. Lecture 3 hours per week.

**Prerequisite(s)** PSY 200 or permission of instructor

## PSY 230 Developmental Psychology (3 CR.)

Traces development in context from pre-conception to death, including the physical, cognitive, and psychosocial domains. Examines methods of scientific inquiry as they apply to lifespan development. Addresses the interrelatedness of developmental domains, as well as the interdependent influences of environment and biology. Students majoring in or considering a major in Psychology should complete PSY 200 prior to PSY 230. Lecture 3 hours per week. Students who take PSY 230 cannot receive credit for either PSY 231 or PSY 232.

Credit for Prior Learning available for this course. More information at <https://www.nvcc.edu/admissions/cpl.html>.

## PSY 231 Life Span Human Development I (3 CR.)

Investigates human behavior through the life cycle. Describes physical, cognitive, and psycho-social aspects of human development from conception to death. Students who take either PSY 231 or PSY 232 cannot receive credit for PSY 230. Students who take PSY 231 cannot receive credit for PSY 235. Lecture Part I of II. Lecture 3 hours per week. Credit for Prior Learning available for this course. More information at <https://www.nvcc.edu/admissions/cpl.html>.

## PSY 232 Life Span Human Development II (3 CR.)

Investigates human behavior through the life cycle. Describes physical, cognitive, and psycho-social aspects of human development from conception to death. Students who take either PSY 231 or PSY 232 cannot receive credit for PSY 230. Part II of II. Lecture 3 hours per week.

**PSY 235 Child Psychology (3 CR.)**

Studies development of the child from conception to adolescence. Investigates physical, intellectual, social, and emotional factors involved in the child's development. Lecture 3 hours per week. (Students who take PSY 235 cannot receive credit for PSY 231.)

**PSY 236 Adolescent Psychology (3 CR.)**

Studies development of the adolescent. Investigates physical, intellectual, social, and emotional factors of the individual from late childhood to early adulthood. Lecture 3 hours per week.

**PSY 237 Adult Psychology (3 CR.)**

Studies development of the adult personality. Investigates physical, intellectual, social, and emotional aspects of aging from early adulthood to death. Lecture 3 hours per week.

**PSY 240 Health Psychology (3 CR.)**

Studies the psychology of healthy behavior. Applies psychological principles to preventative health care. Covers topics such as exercise, nutrition, stress, life-styles, and habits. Lecture 3 hours per week.

**Prerequisite(s)** PSY 200, or divisional approval

**PSY 260 Psychopharmacology and Substance Abuse (3 CR.)**

Examines how psychoactive drugs interact with the body and the brain. Explores the use of prescription psychoactive drugs to treat mental disorders. Explores the use of psychoactive drugs in American culture. Differentiates use and abuse of psychoactive substances so that symptoms of abuse can be identified in a person. Investigates various treatments of substance abuse. Lecture 3 hours per week.

**Prerequisite(s)** PSY 200 or division approval

**PSY 270 Psychology of Human Sexuality (3 CR.)**

Focuses on scientific investigation of human sexuality and psychological and social implications of such research. Considers socio-cultural influences, the physiology and psychology of sexual response patterns, sexual dysfunctions, and development of relationships. Lecture 3 hours per week.

**Prerequisite(s)** PSY 200 or divisional approval